

Instrument descriptions and photos

Instrument	Description	Photo
Violin	1. Instrument should be parallel to the floor	
	2. Left side of the jaw should rest on the chin rest (scroll should part approx 45 degrees to the left)	
	3. Keep the wrist gently rounded	
	4. Thumb should be opposite the first or second finger	

5. Maintain a curved open 'v' shape between thumb and index fingers. Thumb should be relaxed.



6. Relax your right shoulder. Leave a small gap between upper right arm and side of body.



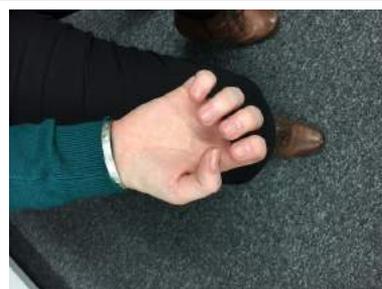
Yes



No

Violin and viola bow

1. Rest the back of the right hand on your knee, fingers bent but relaxed



2. Close up the fingers so the thumb is opposite the middle finger



Place the thumb on the yellow sticker



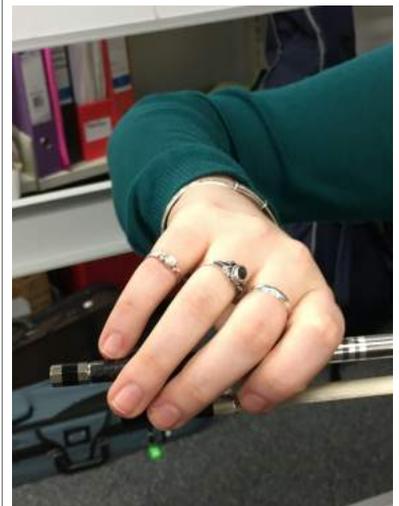
Your thumb should always be round



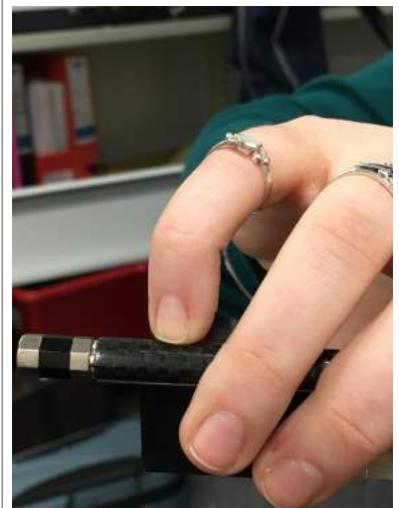
3. Turn hand around so the palm is facing down.

4. Insert bow so the tip of the thumb is between the frog and the leather piece.

5. Lean towards the index finger by rotating the wrist towards



6. Place the top of the pinkie on top of the stick in line with the end of the frog



7. Practice the bow hold keeping the right arm away from the body



Trumpet

1. Stand/sit with a straight back and feet flat on the floor



2. Using your right hand, place the first three fingers on the valves, pop your little finger in the holding ring
3. Grip the valve box with your left hand

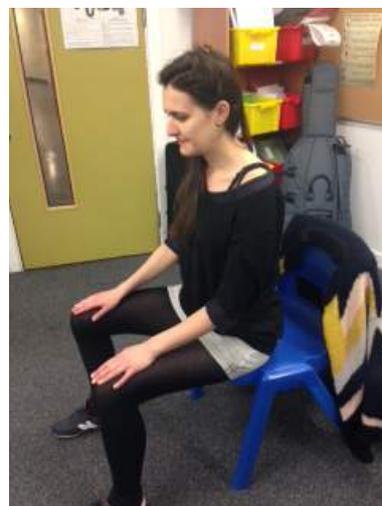


4. Make sure the bell of the trumpet points towards the opposite wall and not the floor



Cello

1. Sit in front of your chair with a straight back
2. Legs in a triangle shape, feet flat

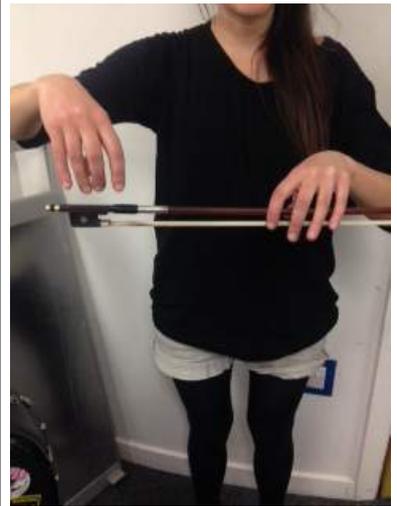


3. Pick up cello, spike out

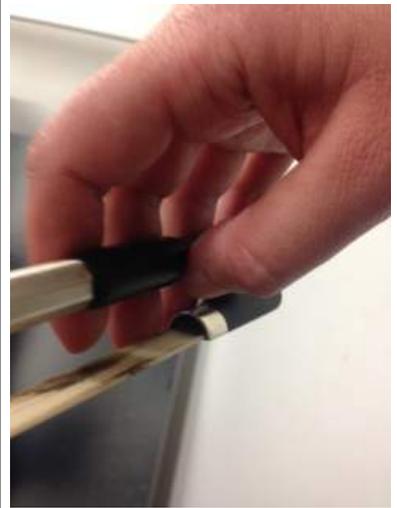


	<p>4. Rest against your chest (your school badge)</p>	
	<p>5. Neck above left shoulder (not touching)</p>	
	<p>6. Check c shape is above your legs</p>	
<p>Cello bow hold</p>	<p>1. Make your bow bunny with your right hand</p>	

2. Hold onto the middle of the bow with your left hand while you close the bunny's mouth around the heel of the bow



3. Keep thumb curved. Lower the bow bunny's ears around the bow



4. Keep your hand relaxed

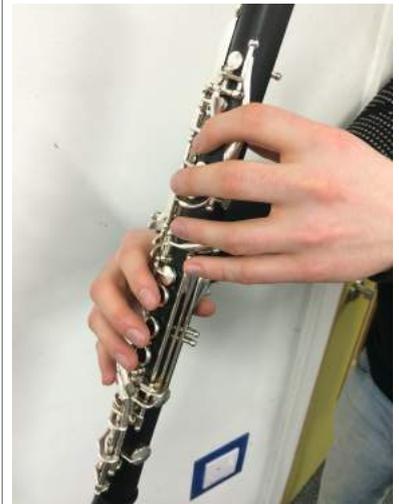


Clarinet

1. Place your right hand thumb near the nail under the thumb rest of the lower joint

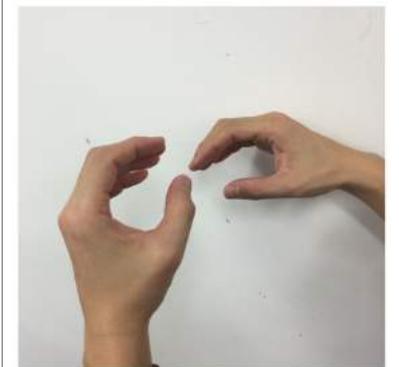


2. Imagine you are holding a tennis ball, curve the fingers of both hands towards the keys keeping your fingers as close as possible hovering over the holes and keys, ready to play



Flute

1. The shape of both hands should be like holding a tennis ball-fingers are nicely curved



2. Place all the fingers on the keys for the left hand, the flute should rest next to the knuckle of the first finger index with the fingers nicely curved above the keys so that they are ready to play.



	<p>3. For the right hand the thumb should support the flute right underneath the index and middle finger and with fingers nicely curved above the keys do that they are ready to play.</p>	
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